Charity Number: 1163336

What's On at Aspire

Updated: October 2025

Aspire, Dover Street, Ryde, PO33 2BN
01983 716020
reception@aspireryde.org.uk
AspireRyde.org.uk
@AspireRyde

Welcoming Belonging Supportive Safe

Monday

Activity	Time	Description	Location
Waves of Wellness	10:00 - 12:30	WOW offers a friendly, encouraging & uniquely person-centered approach, combining professional mental health skills with experienced surfing & water-based activity tuition. For more details or how to be referred, contact steve@aspireryde.org.uk	Wightwater, Dunroamin Beach, between Sandown and Shanklin
Aspire Tots Soft Play & Cafe	10:00 - 12:00	A soft play group for ages 0-5 years on a Monday, Wednesday and Friday during term time. There's Song Time on a Monday and Friday, Story Time on a Wednesday and Crafty Tots on a Wednesday and Friday. Free squash and a healthy snack are included, and it's only £4 per child. Under 1's go free. The café is also open for hot and cold drinks, as well as snacks.	Aspire Soft Play & Cafe – Aspire, Dover Street, Ryde
Minibus Trips	11:00 - 17:00	A friendly minibus social group that go out to discover and rediscover places across the Island. There's usually a stop-off for tea & cake or lunch whilst exploring. Suggested donation of £5. To find out where we are going next and to book your place, please contact our team on (01983) 716020. These trips run fortnightly.	Local pick-up
Re: Connect Music Group	11:00 - 13:00	For musicians over 65 years, who would like to reconnect with their love of music and improve their mental health and wellbeing. Specially trained and experienced in supporting people with dementia. Suggested donation of £3. Refreshments available. For more details contact jess@aspireryde.org.uk	Community Hall – Aspire, Dover Street, Ryde
Gamblers Anonymous Meeting	19:00 - 21:00	Contact Tom for details 07546106675.	Aspire Soft Play & Cafe – Aspire, Dover Street, Ryde
Cowes Youth Takeover 5 - 11 yrs	16:30 - 18:00	A free workshop incorporating arts & crafts, games and music activities. There are snacks and drinks available in our tuck shop, so bring your pennies! Places can be booked here: https://forms.office.com/e/TmLXmb3GQ1, or you can email Claire@aspireryde.org.uk for more information. Runs 14:00 - 16:00 during school holidays.	Cowes Family Centre, Love Lane, Cowes PO31 7ET
Music Sessions & Studio Time	10:00 - 22:00	Band rehearsals, DJing, vocals, mixing, recording, and live sound — using our fully equipped studio, instruments, and tech with support from our music team. The cost is £15 an hour and, if required, £15 for an in-house technician. Bookings: aspireryde.schoolhire.co.uk/music-room/26565	Aspire Creative Hub – Aspire, Dover Street, Ryde

Tuesday

Activity	Time	Description	Location
Information Point with Citizens Advice	10:00 - 12:00	A coffee morning run by the Living Well & Early Help team in association with Citizens Advice, providing free and impartial advice.	Ryde Library, George Street, Ryde
Soft Play and Café	10:00 - 12:00	Children's soft play session. 0 - 11 years. £4.00 per child. Under-1s and adults are free. Cafe open to all.	Aspire Soft Play & Cafe – Aspire, Dover Street, Ryde
Minibus Trips	11:00 - 17:00	A friendly minibus social group who go out to discover and rediscover places across the Island. There's usually a stop-off for tea & cake or lunch whilst exploring. Pick-up from the Wellbeing Café. Suggested donation of £5. To find out where we are going next and to book your place, please contact our team on (01983) 716020	Wellbeing Café, Salisbury Gardens, Ventnor
Community Lunch & Warm Welcome Space	11:30 - 13:30	As part of the Island's Warm Welcome Space initiative, we are opening our doors to offer a free, warm and welcoming place twelve months a year. There will be tea and coffee provided plus a light snack/meal available.	Community Hall – Aspire, Dover Street, Ryde
Sequence Dance Group	14:00 – 16:00	All abilities are welcome for this relaxed and friendly dance group. They meet on the last two Tuesdays of the month. For more details email garytsue@outlook.com or call them on 627049.	Community Hall – Aspire, Dover Street, Ryde
Crafty Crew	14:00 - 15:30	Bring your own craft - from knitting to colouring, whatever you're into. We have knowledgeable crafters who are happy to share ideas. Suggested donation of £3. Refreshments available.	Aspire Soft Play & Cafe – Aspire, Dover Street, Ryde
Youth Music Development Sessions	15:30 - 17:30	1:1 and small group support to help young people grow musically, whether they're exploring songwriting, instruments, production or performance. Closed groups, Must attend Monthly Music club to enter the weekly Youth Music Development Sessions. For more details, contact creativehub@aspireryde.org.uk	Aspire Creative Hub – Aspire, Dover Street, Ryde
Music Futures Programme	17:30 - 18:30	A hands-on gateway into the professional music industry for young people aged 11 - 18, covering live events, music production, festival coordination, lighting, performance, photography, and more. For more details, contact creativehub@aspireryde.org.uk	Aspire Creative Hub – Aspire, Dover Street, Ryde
Aspire Singers	17:30 - 19:30	A relaxed singing group with optional gig opportunities. Whether you're a beginner or more experienced, it's a friendly space to build vocal skills, gain confidence, and have fun making music together. Suggested donation of £3 per session. For more details, contact jess@aspireryde.org.uk	Community Hall – Aspire, Dover Street, Ryde
Music Sessions & Studio Time	10:00 - 22:00	Band rehearsals, DJing, vocals, mixing, recording, and live sound — using our fully equipped studio, instruments, and tech with support from our music team. The cost is £15 an hour and, if required, £15 for an in-house technician. Bookings: aspireryde.schoolhire.co.uk/music-room/26565	Aspire Creative Hub – Aspire, Dover Street, Ryde

Wednesday

Activity	Time	Description	Location
Aspire Tots Soft Play & Cafe	10:00 - 12:00	A soft play group for ages 0-5 years on a Monday, Wednesday and Friday during term time. There's Song Time on a Monday and Friday, Story Time on a Wednesday and Crafty Tots on a Wednesday and Friday. Free squash and a healthy snack are included, and it's only £4 per child. Under 1's go free. The café is also open for hot and cold drinks, as well as snacks.	Aspire Soft Play & Cafe – Aspire, Dover Street, Ryde
Gardening Group	10:00 - 12:00	A group for anyone interested in gardening, no matter what the experience. Stay for Community Lunch afterwards at 12pm. All are welcome. To enquire, please call us on 716020 or email sam@aspireryde.org.uk	Aspire Gardens - Aspire, Dover Street, Ryde
Community Pantry - Sandown	10:30 – 12:30	Register as a member and receive approx. £15 of food for only £5. Membership is free, and shopping is on a first-come come first first-served basis. Membership is for local residents and those from surrounding areas. Once registered as a member, you can shop straight away. Limited to one visit per week. Please remember to bring shopping bags with you. For more information, contact us on 01983 240732 / email lesley@lweh.org.uk	Elim Church - 47 Fort Street, Sandown, PO36 8BA
Minibus Trips - West Wight	11:00 - 17:00	A friendly minibus social group that go out to discover and rediscover places across the Island. There's usually a stop-off for tea & cake or lunch whilst exploring. Suggested donation of £5. To find out where we are going next and to book your place, please contact Diane on 07863 252762. These trips run fortnightly.	Home collection in Shorwell, Brighstone, Limerstone & Chale
Community Lunch & Warm Welcome Space	11:30 - 13:30	As part of the Island's Warm Welcome Space initiative, we are opening our doors to offer a free, warm and welcoming place twelve months a year. There will be tea and coffee provided plus a light snack/meal available.	Community Hall – Aspire, Dover Street, Ryde
Soft Play and Café	15:00 - 17:00	Children's soft play session. 0 - 11 years. £4.00 per child. Under-1s and adults are free. Cafe open to all.	Aspire Soft Play & Cafe – Aspire, Dover Street, Ryde
Youth Music Development Sessions	15:30 - 17:30	1:1 and small group support to help young people grow musically, whether they're exploring songwriting, instruments, production or performance. Closed groups, Must attend Monthly Music club to enter the weekly Youth Music Development Sessions. For more details, contact creativehub@aspireryde.org.uk	Aspire Creative Hub – Aspire, Dover Street, Ryde
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Thursday

Activity	Time	Description	Location
Community Lunch & Warm Welcome Space	11:30 - 13:30	As part of the Island's Warm Welcome Space initiative, we are opening our doors to offer a free, warm and welcoming place twelve months a year. There will be tea and coffee provided plus a light snack/meal available.	Community Hall – Aspire, Dover Street, Ryde
Minibus Trips - Sandown	11:00 - 17:00	A friendly minibus social group who go out to discover and rediscover places across the Island. There's usually a stop-off for tea & cake or lunch whilst exploring. Suggested donation of £5. To find out where we are going next and to book your place, please contact our team on (01983) 716020	Home collection in the Sandown area
Soft Play and Café	12:30 - 14:30	Children's soft play session. 0 - 11 years. £4.00 per child. Under-1s and adults are free. Cafe open to all.	Aspire Soft Play & Cafe – Aspire, Dover Street, Ryde
Adult Music Club	14:00 - 15:30	A friendly, welcoming space for adults who want to explore music, jam with others, or simply reconnect with creativity through sound. Suggested donation of £3. Refreshments available. For more details, contact creativehub@aspireryde.org.uk	Creative Hub - Aspire, Dover Street, Ryde
Crafty Crew	14:00 - 16:00	Bring your own craft - from knitting to colouring, whatever you're into. We have knowledgeable crafters who are happy to share ideas. Suggested donation of £3. Refreshments available.	Aspire Soft Play & Cafe – Aspire, Dover Street, Ryde
Shanklin Youth Takeover 11 - 16 yrs	17:00 - 19:00	Whether you're into jamming, writing music, rehearsing with friends, or just want to try something new... this is your space. Come hang out, practice your skills, create some artwork or play some games. Card games, puzzles, darts and table tennis. Join up here: https://forms.office.com/e/mJ1ab2icPq	Furzehill Road, Shanklin, PO37 7PA
Music Sessions & Studio Time	10:00 - 22:00	Band rehearsals, DJing, vocals, mixing, recording, and live sound — using our fully equipped studio, instruments, and tech with support from our music team. The cost is £15 an hour and, if required, £15 for an in-house technician. Bookings: aspireryde.schoolhire.co.uk/music-room/26565	Aspire Creative Hub – Aspire, Dover Street, Ryde

Friday

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Community Pantry - Sandown	10:30 – 12:30	Register as a member and receive approx. £15 of food for only £5. Membership is free, and shopping is on a first-come come first first-served basis. Membership is for local residents and those from surrounding areas. Once registered as a member, you can shop straight away. Limited to one visit per week. Please remember to bring shopping bags with you. For more information, contact us on 01983 240732 / email lesley@lweh.org.uk	Elim Church - 47 Fort Street, Sandown, PO36 8BA
Community Lunch & Warm Welcome Space	11:30 - 13:30	As part of the Island's Warm Welcome Space initiative, we are opening our doors to offer a free, warm and welcoming place twelve months a year. There will be tea and coffee provided plus a light snack/meal available.	Community Hall – Aspire, Dover Street
Community Worship	13:00 - 13:30	A chance to come together and worship with song & prayer, led by our Chaplain, Lucy. All are welcome. To submit any prayer requests, whether attending in person or not, please email lucy@aspireryde.org.uk	Prayer Area, Aspire Soft Play & Cafe – Aspire, Dover Street, Ryde
Walk & Talk	13:30 - 14:30	Meeting at Aspire, this is a community walking group around the seafront and canoe lake with Lucy. A chance to make friends and chat. Refreshments are offered back at Aspire afterwards.	Prayer Area, Aspire Soft Play & Cafe – Aspire, Dover Street, Ryde
Soft Play and Café	15:00 - 17:00	Children's soft play session. 0 - 11 years. £4.00 per child. Under-1s and adults are free. Cafe open to all.	Aspire Soft Play & Cafe – Aspire, Dover Street, Ryde
Youth Music Development Sessions	15:30 - 17:30	1:1 and small group support to help young people grow musically, whether they're exploring songwriting, instruments, production or performance. Closed groups, Must attend Monthly Music club to enter the weekly Youth Music Development Sessions. For more details, contact creativehub@aspireryde.org.uk	Aspire Creative Hub – Aspire, Dover Street, Ryde
Monthly Music Club 10-11 yrs	17:30 - 18:30	A place for young beginners to learn how to play instruments or sing before forming friendship groups and bands. Every first Friday of the month. For more details, contact creativehub@aspireryde.org.uk	Aspire Creative Hub – Aspire, Dover Street, Ryde
Monthly Music Club 12-17 yrs	17:00 - 19:00	Build a band sessions, a place for young creatives to develop their music skills and work with others. Every last Friday of the month. For more details, contact creativehub@aspireryde.org.uk	Aspire Creative Hub – Aspire, Dover Street, Ryde
Alcoholics Anonymous Meeting	19:45 - 21:15	For details contact johneathey@gmail.com	Community Hall – Aspire, Dover Street
Music Sessions & Studio Time	10:00 - 22:00	Band rehearsals, DJing, vocals, mixing, recording, and live sound — using our fully equipped studio, instruments, and tech with support from our music team. The cost is £15 an hour and, if required, £15 for an in-house technician. Bookings: aspireryde.schoolhire.co.uk/music-room/26565	Aspire Creative Hub – Aspire, Dover Street, Ryde

Saturday

Activity	Time	Description	Location
Soft Play and Café	15:30 - 17:00	Children's soft play session. 0 - 11 years. £4.00 per child. Under-1s and adults are free. Cafe open to all.	Aspire Soft Play & Café – Aspire, Dover Street, Ryde
Music Sessions & Studio Time	10:00 - 22:00	Band rehearsals, DJing, vocals, mixing, recording, and live sound — using our fully equipped studio, instruments, and tech with support from our music team. The cost is £15 an hour and, if required, £15 for an in-house technician. Bookings: aspireryde.schoolhire.co.uk/music-room/26565	Aspire Creative Hub – Aspire, Dover Street, Ryde

Sunday

Activity	Time	Description	Location
Forgotten Veterans UK IOW Breakfast Club	08:00 - 11:30	Held on the 1st Sunday of the month. For details contact Karen Wilkinson 07866 864856 or Zena Wightside 07770 975102.	Community Hall – Aspire, Dover Street
Alcoholics Anonymous Meeting	18:00 - 19:15	For details contact John 07835 299653 or email - johnelford04@aol.com	Community Hall – Aspire, Dover Street

Please note that all activities are subject to change & some carry a small suggested fee.

During the Christmas, Easter and Summer Holidays, we run an amended schedule to accommodate the Food & Fun initiative.

Please contact Reception or check our Facebook page for an up-to-date timetable, or if you would like more information on the groups we run.

ASPIRE CREATIVE HUB

A.R.C.H
Aspire Ryde Community Hub

SOFT PLAY
ASPIRE
&
CAFE

ASPIRE
Community Kitchen